



# Leading Self & Others: Core Level Programme

This course is for those business leaders who want to develop a broad base of the skills, knowledge and understanding needed to manage themselves and to lead their teams effectively. It is specifically for leaders at any stage of their business from pre-start to growth through to exit planning to help them create or develop a strategy that works for their circumstances.

We will explore key principles of self-management, leadership, relevant motivational & communication tools, choosing your performance review strategy and developing systems to action plan, review your and your team's progress and implement change.

## **1-day face to face course including planning resources.**

This day contains 4 learning outcomes which will support you to:

- Be able to understand the components of a successful business resilience strategy
- Be able to effectively recognise resilience issues and impact
- Be able to develop personal resilience skills
- Be able to create and develop an effective high resilience culture within your team

The course includes a mixture of trainer-led resources, discussions, self-assessment and breakout sessions to bring the theory to life for you.

Once you have completed the course, you will be able to:

- Understand the difference between leadership and management
- Create and implement your own resilience plan
- Apply appropriate self-analysis techniques to use to affect positive performance
- Construct a performance plan for your team that meets their knowledge, behaviour, skill and development needs
- Be able to develop your own decisions over which type of communication to use
- Evaluate the quality of your own actions and time management to support the delivery of your plans
- Identify your critical delegation and engagement issues
- Understand how to create harmonious working conditions
- Identify future development activities to continually improve yourself and your business

**To find out more information about costs and how to book, please contact Jackie:**

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